**DON'T BE**

Don't Be Shielding

On Yourself.

Let Your Dirty Laundry Lie.

It Is Not Good

For Your Psychic Health.

It Will Make

Your Very Being Die.

As Your Nous Atman Spirit Cry.

Confine Your Skeletons.

Bind Them Up.

Nail Tight

Your Shame Angst Door.

It Does Not Matter.

If You Did Or Did Not Do It.

Keep Your Sorry Spouting

Trap Door Shut.

You Don't Have

To Worry Any More.

Snap Right On Back To Now.

All That Matters. Is.

It Does Not Matter Anyhow.

All One Must Care About

Is This.

Waking Momenta Of To Be.

N'er Heed In Deed.

Fears. Wraiths. Ghosts.

Of Would Could Should.

Across.

The Future. Past.

Know Thy Peace Of Self

At Last.

Rather Embrace The Truth.

Say. Pray. Trade Barter.

Thy Would. Could. Should.

For. What Thy Soul Must See.

Rare Fruit

De Pure Authenticity.

*PHILLIP PAUL AND PHYLLIS JO 11/27/2015*

*On Phone From Goose Creek*

*To Benson City.*

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